

















DISHES AND THEIR ALLERGEN CONTENT – Acre Heads Primary School Breakfast Club

DISHES	 Celery	 Gluten	 Crustaceans	 Egg	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Treenuts	 Peanut	 Sesame	 Soybean	 Sulphur Dioxide
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Toast and butter*		✓					✓						✓	
Wheat Biscuits		✓												
Hoops		✓												
Cornflakes		✓												
Malt Wheaties		✓								may contain	may contain			
Milk							✓							
Rice Krispies		✓												✓
Orange cordial														✓
Blackcurrant Cordial														✓
Pain au Chocolat		✓		✓			✓			may contain			✓	

*Gluten free available

DISHES	 Celery	 Gluten	 Crustaceans	 Egg	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Treenuts	 Peanut	 Sesame	 Soybean	 Sulphur Dioxide
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pancakes		✓		✓			✓							
Croissants		✓		✓			✓							
Banana Muffins		✓		✓										
Scrambled egg on toast*		✓		✓			✓							
Beans on Toast*		✓												
Bacon or Sausage Sandwich		✓												
Yoghurts							✓							
Granola Bars		✓					✓							
Coconut Flapjack		✓												
Fruit Muffins		✓		✓										

*Gluten free available